



FEDERACIÓN
PUERTORRIQUEÑA
DE VOLEIBOL



NORCECA
Volleyball Confederation

MIKASA



Bulletin #1



6 de junio de 2024



FEDERACIÓN
PUERTORRIQUEÑA
DE VOLEIBOL



Calendario y Formato de Competencia
Competition Format and Match Schedule

MAIN COMPETITION HALL

No.	Date	Time	Teams	Set	Result per set (points)				
					1	2	3	4	5
1	7-jun	18:00	MEX vs CUB						
2	7-jun	20:00	PUR vs CRC						
3	8-jun	18:00	MEX vs CRC						
4	8-jun	20:00	CUB vs PUR						
5	9-jun	17:00	CRC vs CUB						
6	9-jun	19:00	PUR vs MEX						

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FEDERACIÓN
PUERTORRIQUEÑA
DE VOLEIBOL



Dia / Day	Hora / Time	MAIN VENUE - SALVADOR DIJOLS	Hora / Time	
05-jun-24	12:00			
	13:30			
	15:00			
	16:30			
06-jun-24	8:30	PUR	Time	Country
	10:00	CUB	9:00	CUB
	11:30	MEX	9:45	MEX
	13:00	CRC	10:30	PUR
			11:15	CRC
	19:00	PRACTICAL CLINIC		
07-jul-24	8:30	MEX		
	10:00	CUB		
	11:30	CRC		
	13:00	PUR		
	18:00	MEX VS CUB		
20:00	PUR VS CRC			
08-jun-24	8:30	CRC		
	10:00	MEX		
	11:30	PUR		
	13:00	CUB		
	18:00	MEX VS CRC		
20:00	CUB VS PUR			
09-jun-24	7:30	CUB		
	9:00	CRC		
	10:30	MEX		
	12:00	PUR		
	17:00	CUB VS CRC		
19:00	PUR VS MEX			

2024 NORCECA Women Final Four

O-2bis Team registration
CRC - Costa Rica

No FIVB	Eil g.	Cour ses	Shirt	Role	Last name	First name	Shirt name	Pos.	Birthdate	Height [cm]	Highest reach [cm]		Club		National selections		
											Spike	Block	WC	OG	Oth.	Tot.	
170151			2		Salazar Rojas	Nicole	Salazar	S	08-May-2003	171	280	260	AVOLGO Golcochea (CRC)			22	
150469			4		Rodriguez	Julissa	J Rodriguez	MB	13-Feb-2000	185	286	282	ASBAVOL Santa Bárbara (CR)			93	
174168			5		Espinosa Rojas	Tamara	ESPINOZA	OH	15-Jan-2000	170	276	272	AVOLGO Golcochea (CRC)			53	
135128			7		Gonzalez Alfaro	Yuliana	GONZALEZ	S	07-Jun-1995	172	263	251	ASBAVOL Santa Bárbara (CO)			34	
150455			8		Castro Rueda	Maria Jose	Castro	L	02-Aug-2001	160	231	225	SAN CARLOS				
170141			10		Mata Mata	Nicole	N Mata	OH	15-Jun-2004	171	280	269	ADV SAN JOSE (CRC)			58	
150866			11	C	Sayles Marín	Tatiana	Sayles	OP	01-Aug-1997	183	290	275	ADV SAN JOSE (CRC)			70	
168529			14		Rojas Lazo	Ara Victoria	ROJAS	OP	14-May-2002	176	288	285	ADV CARTAGO (CRC)			18	
147601			15		Rodriguez	Mariana	M RODRIGUEZ	MB	09-Nov-1999	178	287	283	SANTA BARBARA				
190275			16		Abarca Mora	Melina Estier	Abarca	MB	21-Sep-2005	184	301	283	CCDR SIQUIRRES (CRC)			5	
138163			17		Alfaro Bolaños	Maria Fernanda	Alfaro	MB	24-Jul-1986	180	291	278	ADV SAN JOSE (CRC)			37	
174755			22		Blackwood	Bennet	Blackwood	OH	06-Aug-2003	175	300	280	ADV CARTAGO (CRC)			5	

RESERVE PLAYERS

No FIVB	Eil g.	Cour ses	Shirt	Role	Last name	First name	Shirt name	Pos.	Birthdate	Height [cm]	Highest reach [cm]		Club		National selections		
											Spike	Block	WC	OG	Oth.	Tot.	

OFFICIALS

Team Manager:	403673	Maria Jose Corrales	CRC
Head Coach:	4338	Ronald Eduardo Pérez Lóbez	CRC

Courses not completed: Anti-doping Educational Programme (Play Clean) Competition Manipulation Course

UNIFORM COLORS

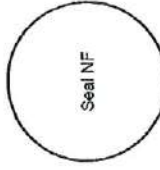
Main:	RED
2nd:	BLUE
3rd:	WHITE
Opt:	
Liberos Main:	BLUE
2nd:	WHITE
3rd:	RED
Opt:	

STATISTICS

Data	Minimum	Average	Maximum
Height:	160	175	185
Spike:	231	281	301
2-hand block:	225	270	285

We, the undersigned, declare that, in accordance with the present regulations, the registered competitors are qualified for FIVB competitions.

THIS FORM MUST BE RECEIVED BY THE ORGANISER NOT LATER THAN: **06-Jun-2024**



President or Authorised signatures by the NF

[Signature]
NORCECA
Volleyball Confederation

2024 NORCECA Women Final Four

O-2bis Team registration

CUB - Cuba

No FIVB	Eli g.	Cour ses	Shirt	Role	Last name	First name	Shirt name	Pos.	Birthdate	Height [cm]	Highest reach [cm]		Club	National selections		
											Spike	Block		WC	OG	Oth.
170169			2		Madan Rosales	Dezirett De La Caridad	Madan	OH	10-Dec-2002	190	289	275	La Habana (CUB)	8		45
190327			4		Garcia Anglada	Lianet	Lianet	MB	24-Dec-2004	186	289	306	Santit Spiritus (CUB)	3		16
169424			5		Martinez Hernandez	Deyana	Martinez	MB	19-Oct-2002	190	285	280	Cienfuegos (CUB)	12		34
170171			6		De La Peña Gonzalez	Yalain Regla	De la Peña	OH	08-Sep-2003	183	278	275	La Habana (CUB)	7		43
161150			7		Lolibre Palma	Odalimis Naboris	Palma	S	16-Jan-2001	175	228	225	Cienfuegos (CUB)	12		34
203371			10		Gomez Chacon	Alejandra	Alejandra	OP	03-Jan-2005	183	221	215	Santiago de Cuba (CUB)			26
147114			15		Aguilera Carbajal	Jessica	Aguilera	MB	25-May-1999	184	311	302	La Habana (CUB)	19		45
147121			19	C	Suarez Hernandez	Laura Beatriz	Suarez	MB	13-Dec-1998	185	304	292	Pinar Del Rio (CUB)	6		50
174171			20		Fine Martinez	Greisy	Fine	OP	27-Jul-1999	183	315	308	Santiago de Cuba (CUB)	18		60
190424			21	L	James Mann	Whitney	James	L	21-Feb-2005	175	305	300	La Habana (CUB)	4		45
159428			24		Moreno Reyes	Thella	Moreno	S	10-Apr-2002	189	315	308	Villa Clara (CUB)	9		34
161137			25		Vila Wittingham	Ivy May	Vila	OH	22-Jul-2001	181	235	232	Camaguey (CUB)	8		35

RESERVE PLAYERS

No FIVB	Eli g.	Cour ses	Shirt	Role	Last name	First name	Shirt name	Pos.	Birthdate	Height [cm]	Highest reach [cm]		Club	National selections			
														WC	OG	Oth.	Tot.

OFFICIALS

Team Manager:	402671	Rodolfo Yovanny Perez Cespedes	CU
Head Coach:	4361	Levis Osmani Garcia Leon	CU
Assistant Coach:	6013	Jose Antonio Chamizo Rivero	CU
Doctor:	180563	Rosamary IBAROLA GONZALEZ	CU

Courses not completed: ● Anti-doping Educational Programme (Play Clean) ● Competition Manipulation Course

UNIFORM COLORS

Main:	RED
2nd:	BLUE
3rd:	WHITE
Opt:	
Main:	WHITE
2nd:	RED
3rd:	BLUE
Opt:	

STATISTICS

Data	Minimum	Average	Maximum
Height:	175	184	190
Spike:	221	281	315
2-hand block:	215	277	308



We, the undersigned, declare that, in accordance with the present regulations, the registered competitors are qualified for FIVB competitions.

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2024 NORCECA Women Final Four

O-2bis Team registration
MEX - Mexico

No FIVB g.	Eil g.	Cour ses	Shirt	Role	Last name	First name	Shirt name	Pos.	Birthdate	Height [cm]	Highest reach [cm]		Club	National selections		
											Spike	Block		WC	OG	Oth.
173488		●	2		Topete Pedro	Alme Margarita	Topete	OH	16-Oct-2005	178	270	260	NAYARIT (MEX)	3		11
147679		●	4		Rodriguez Gomez	Maria Fernanda	Rodriguez	OP	23-Jun-1997	185	287	280	NUEVO LEON (MEX)	1		12
202779		●	5		Ocampo	Isabella Annie	Ocampo Armendariz	OH	15-Jan-2007	180	245	236	Mexico (MEX)			
158792		●	6		Castro Lopez	Grecia Esther	Castro	OH	05-Mar-2001	180	255	241	SINALOA (MEX)	2		20
158653		●	7		Guereca Parra	Uxue Amaya	Guereca	OH	12-Feb-2001	178	270	259	JALISCO			10
168952		●	8		Ovalle Leyva	Marian Aylin	Ovalle	OP	14-Sep-2002	178	292	294	Chihuahua			1
158793		●	9		Vela Jimenez	Maria Celeste	Urias	S	19-May-2000	177	250	239	JALISCO (MEX)	2		10
135134		●	11	C	Urias	Jocelyn	Urias	MB	16-Feb-1996	190	305	284	BAJA CALIFORNIA (MEX)	3		24
158795		●	12	L	Landeros Palacios	Joseline	Landeros	L	20-Dec-2000	169	265	249	NUEVO LEON (MEX)	3		25
181599		●	13		Maldonado Diaz	Sofia	Maldonado	OH	06-Feb-2002	178	275	260	JALISCO (MEX)	4		10
162372		●	15		Rivera Herrera	Karen Paola	Rivera	S	22-May-1999	174	265	260	CHIHUAHUA (MEX)	2		20
147514		●	16	L	Muñoz Delgadillo	Angela Paulet	Muñoz	L	10-Nov-2000	178	260	247	NUEVO LEON (MEX)	3		20
191994		●	21		Marquez Ceja	Arieth Yuridia	Marquez	MB	26-Dec-2005	194	270	260	NAYARIT (MEX)	2		5
1444330		●	33		Flores Gamez	Karina Angollica	F. Gamez	MB	16-Aug-1998	192	289	285	TIGRES UANL (MEX)	2		30

RESERVE PLAYERS

No FIVB g.	Eil g.	Cour ses	Shirt	Role	Last name	First name	Shirt name	Pos.	Birthdate	Height [cm]	Highest reach [cm]		Club	National selections			
											Spike	Block		WC	OG	Oth.	Tot.

OFFICIALS

Team Manager:	402225	Luis Alberto Leon Lopez	MX
Head Coach:	4018	Nicola Negro	IT
Assistant Coach:	4548	Milo Piccinini	IT
2nd Assistant Coach:	4503	Luis Leon Lopez	MX
Physiotherapist:	182781	Joel Hernandez Medrano	MX
Physical Trainer:	402281	Giorgio Bissoli	IT
Statistician:	402795	Felipe Laurentino	BR

Courses not completed: ● Anti-doping Educational Programme (Play Clean) ● Competition Manipulation Course

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06-Jun-2024

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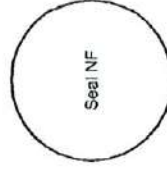
UNIFORM COLORS

Team	Main: Green
	2nd: White
	3rd: Red
	Opt: []
Liberos	Main: Red
	2nd: Green
	3rd: White
	Opt: []

STATISTICS

Data	Minimum	Average	Maximum
Height:	169	181	194
Spike:	245	272	305
2-hand block:	236	261	294

We, the undersigned, declare that, in accordance with the present regulations, the registered competitors are qualified for FIVB competitions.



2024 NORCECA Women Final Four

O-2bis Team registration

PUR - Puerto Rico

No FIVB	Eli g.	Cour ses	Shirt	Role	Last name	First name	Shirt name	Pos.	Birthdate	Height [cm]	Highest reach [cm]		Club		National selections			
											Spike	Block	WC	OG	Oth.	Tot.		
207456			1		Lozano Riascos	Sara	Lozano	OH	07-Jul-2008	180	272	245	Puerto Rico National Team (P)		-	-	16	16
133615			2	C	Venegas	Shara	Venegas	L	18-Sep-1992	172	280	270	Puerto Rico National Team (P)		11	5	40	56
162343			3	L	Leon Pena	Valeria Andrea	Leon	L	21-Nov-1995	168	248	242	National Team (PUR)		-	-	9	9
147328			4		Hollingsworth	Dariana	Hollingsworth	OP	17-Jun-1999	176	236	231	National Team (PUR)		-	-	5	5
136611			5		Rivera	Wilmarie	Rivera	S	14-Feb-1997	178	294	288	National Team (PUR)		15	-	23	38
166899			6		Sanchez	Kathia	Sanchez	S	28-Nov-1995	182	246	242	National Team (PUR)		-	-	5	5
209249			7		Cruzado	Madison Taylor	Cruzado	OH	13-Nov-1998	150	230	220	Puerto Rico National Team (P)		-	-	-	-
133616			10		Reyes	Diana	Reyes	MB	29-Apr-1993	191	303	299	Puerto Rico National Team (P)		8	5	30	43
184405			11		Alcantara	Elissa	Alcantara	OH	11-Jan-2001	182	268	260	Puerto Rico National Team (P)		-	-	6	6
147333			12		Ortiz	Neira	Ortiz	MB	06-Jul-1993	192	262	255	National Team (PUR)		6	-	17	23
206054			13		Rivera	Stephanie	Rivera	OH	25-Sep-2000	154	252	242	Puerto Rico National Team (P)		-	-	6	6
201682			16		Santiago Cabrera	Paola Nicole	Santiago	OH	17-Feb-2000	183	305	282	National Team (PUR)		-	-	6	6
132333			18		Hernandez	Alba	Hernandez	MB	03-Oct-1994	207	305	293	National Team (PUR)		5	-	22	27
190133			23		Lopez Villanueva	Grace Mar	Lopez	OP	15-Jul-2005	183	284	275	Puerto Rico National Team (P)		5	-	19	24

RESERVE PLAYERS

No FIVB	Eli g.	Cour ses	Shirt	Role	Last name	First name	Shirt name	Pos.	Birthdate	Height [cm]	Highest reach [cm]		Club		National selections		
											Spike	Block	WC	OG	Oth.	Tot.	

OFFICIALS

Head Coach:	4634	Juan Carlos Nunez	PR
Assistant Coach:	6092	Sheila Marie Alicea Nazario	PR
Assistant Coach:	6095	Arnaldo Andres Colon Rosario	PR
Assistant Coach:	6094	Jose Miales Minge	PR
Physiotherapist:	181049	Felix GORDILLO LEDESMA	PR
Team Manager:	401180	Hugo Perez Estrella	PR

Courses not completed: ● Anti-doping Educational Programme (Play Clean) ● Competition Manipulation Course

UNIFORM COLORS

Team	Main:	2nd:	3rd:	Opt:
Liberos	Blue	White	Red	

STATISTICS

Data	Minimum	Average	Maximum
Height:	150	178	207
Spike:	230	271	305
2-hand block:	220	260	299
National selections:	0	19	56

We, the undersigned, declare that, in accordance with the present regulations, the registered competitors are qualified for FIVB competitions.

06-Jun-2024

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Coaches looking forward to Women's Final Four Competition

The 2024 NORCECA Women's Final Four is ready to take place at Salvador Dijols Coliseum in Ponce, Puerto Rico this week. Coaches are eagerly anticipating this event, which will award FIVB World Ranking Points for the Volleyball Nations League.

Head Coach Cuba - Leivis Osmani Garcia Leon

The preparation was short because many of the athletes arrived from their clubs in mid-May and the integration of the entire team was very brief. We have a very mixed squad in terms of age and experience, athletes already establishing themselves in the national team and others who join with good prospects, there is great motivation and a well-knit group. Our objective in this first event is to evaluate and study some girls who have not competed at this level and as a general purpose to increase the points in the ranking to achieve a classification for a possible VNL.

Head Coach Mexico – Nicola Negro

This year we have a larger roster of players than last year. We had roster organization problems before but at this moment we have a larger group that allows us to work better. Our preparation was short, we started in May with a restricted group and with the full team we have trained for only five days. We are here starting the season and we need a little time to adjust but we are here to obtain the best possible result. We know that Puerto Rico and Cuba are very strong teams, and we are going to give our best.

Head Coach Puerto Rico – Juan Carlos Nunez

We have been training hard every day for about three weeks. We have had the opportunity to have all the players we called up available. Our team is a mix of veteran players and players who are going to make their first appearance with the senior team with good projection and it will be their first experience at this level. I think we are going to present a good team, not only for this tournament but for the others that are coming this year. Our expectations are to win all three games and keep our team at its best for the upcoming tournaments. The fans must be supporting us because in addition to the fact that we are playing at home, they are a team that has a good chance of winning.

Head Coach Costa Rica – Ronald Eduardo Perez Lopez

We have been training for this event for around three to four months with a new coach. We are starting a new process so basically, we are trying to make a generational change. We had a couple of players that were not able to come, but we bring the team quite similar to what the last Final Four was with some new players that are looking for a place in the senior team. Our main objective is to develop ourselves, create a team on the field and improve little by little as the games progress.



Entrenadores esperan con ansias la competición de la Final Four femenina

La Final Four Femenina 2024 de NORCECA está lista para llevarse a cabo en el Coliseo Salvador Dijols en Ponce, Puerto Rico, esta semana. Los entrenadores esperan ansiosamente este evento, que otorgará puntos para el Ranking Mundial FIVB para la Liga de Naciones de Voleibol.

Entrenador de Cuba - Leivis Osmani García León

La preparación fue corta porque muchas de las atletas llegaron de sus clubes a mediados de mayo y la integración de todo el plantel fue muy corta. Tenemos un plantel muy variado en cuanto a edades y experiencias, atletas estableciéndose ya en el equipo nacional y otras que se incorporan con buenas perspectivas, hay una gran motivación un grupo bien unido. El objetivo de nosotros en este primer evento es de evaluación y estudio de algunas chicas que no han competido a este nivel y como propósito general aumentar los números en el ranking para lograr una clasificación a una posible VNL.

Entrenador de México– Nicola Negro

Felizmente este año tenemos un roster de jugadoras mayor que el año pasado. Tuvimos problemas de organización de roster y en este momento tenemos un grupo más grande que nos permite poder trabajar mejor. Nuestra preparación fue corta, empezamos el mayo con un grupo restringido y con el equipo completo tenemos entrenando cinco días. Estamos aquí empezando la temporada y necesitamos un poco de tiempo de ajuste más estamos aquí con obtener el mejor resultado posible. Sabemos que Puerto Rico y Cuba son equipos muy fuertes y vamos a dar lo mejor.

Entrenador de Puerto Rico – Juan Carlos Núñez

Llevamos cerca de tres semanas entrenando fuerte todos días. Hemos tenido la oportunidad de tener a todas las jugadoras convocadas disponibles. Nuestro equipo es una mezcla de jugadoras veteranas y jugadoras que van a hacer su primera presentación con el equipo de mayores con muchas promesas y que será su primera experiencia a este nivel. Creo que vamos a presentar un buen equipo, no solo para este torneo sino para los demás que vienen este año. Nuestras expectativas es ganar los tres partidos y mantener a nuestro equipo en su mejor punto para los torneos próximos. La fanaticada debe estar apoyándonos porque además de que estamos jugando en casa es un equipo que tiene muchas posibilidades de ganar.

Entrenador de Costa Rica – Ronald Eduardo Pérez López

Hemos tenido una preparación de alrededor tres a cuatro meses con un nuevo entrenador. Estamos iniciando un nuevo proceso entonces básicamente estamos tratando de hacer un cambio generacional. Tuvimos un par de bajas, pero traemos el equipo bastante similar a lo que fue el Final Four pasado con algunas nuevas promesas de que buscan un lugar en la selección mayor. Nuestro objetivo principal es desarrollarnos, crear conjunto en la cancha e ir perfeccionando poco a poco con el transitar de los partidos.